

Welcome to Healthcare2U's:

My Direct Primary Care *plus*

A Coast-to-Coast Healthcare Membership™ for Individuals

Healthcare2U's mission is to provide affordable and convenient access to excellent primary medical care, wellness and chronic disease management. We deliver the Direct Primary Care Plus (DPCplus) membership to individuals ages 2 to 65 and accept pre-existing conditions within manageable ranges. Through our proprietary Private Physician Network (PPN)™, Healthcare2U is breaking down the barriers to convenient access to quality primary care with a focus on promoting healthy living while preventing disease. Members receive the unlimited services* listed below by scheduling care through Healthcare2U's Central Scheduling Department (CSD) during business hours.

Unlimited Direct Primary Care

- Unlimited doctor visits with a \$10 visit fee
- Unlimited urgent care visits with a \$25 visit fee
- Annual physical¹ with four labs: complete metabolic panel (CMP), complete blood count (CBC), thyroid stimulating hormone (TSH) and lipid panel
- Patient navigation center staffed by bilingual medical assistants to schedule care for members and eligible participants

Unlimited Virtual DPC²

- Unlimited access to bilingual licensed medical providers online or by phone, 24/7/365 for minor illnesses and injuries at \$0 out of pocket cost to members

Unlimited Chronic Disease Management

- Unlimited treatment and management of 13 chronic disease states for the same \$10 visit fee. Healthcare2U accepts pre-existing conditions within manageable ranges, including:
 - Anxiety
 - Arthritis
 - Asthma
 - Blood Pressure
 - CHF
 - COPD
 - Depression
 - Diabetes
 - Fibromyalgia
 - GERD
 - Gout
 - Hypertension
 - Thyroid

* No walk-ins allowed. Unlimited services (including Virtual DPC/telehealth) must be accessed through Healthcare2U's Central Scheduling Department (CSD). In-office appointments are only available within business hours (Monday through Friday, 7 AM to 6 PM CST). The CSD may direct the member to another level of care if appropriate, depending on the member's condition and utilization of services

- Healthcare2U's Direct Primary Care is a healthcare membership. It is not insurance

¹ Well-woman pap smear pathology interpretation is not included. Dependent on membership, annual physicals may only be available to members with six consecutive months of membership.

² Telehealth services are provided through MeMD, a third-party provider. When medically necessary, MeMD's providers can submit a prescription electronically for purchase and pick-up at your local participating pharmacy; however, MeMD providers cannot prescribe elective medications, narcotic pain relievers, or controlled substances. MeMD's providers are each licensed by the appropriate licensing board for the state in which they are providing services, and all have prescriptive authority for each of the states in which they are licensed. MeMD provides access to online medical consultations with physicians, nurse practitioners, and physician assistants who can write prescriptions when medically necessary and permitted by state law. MeMD is not an online pharmacy, and medications cannot be purchased or dispensed from MeMD directly. MeMD is not a replacement for your primary care physician or annual doctor's office visit. Subject to state regulations, MeMD is available nationwide with providers licensed to practice in your state who use video and/or audio technology.

- The discount program is offered through a third-party provider.